

*Canine reference ranges, interpretive reports and recommendations are based on a properly prepared hair sample — be sure that the hair is clean and dry before cutting it.*

## Hair Sampling Instructions

*Sampling scissors should be sterile high grade stainless steel or plastic to avoid micro contamination of the hair. This factor cannot be emphasized enough in order to avoid reporting inaccurate test results. Using a plated scissors (even a new one) will contaminate hair specimen with many of the metallic elements.*

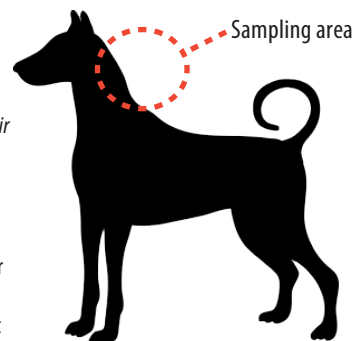
**LOCATION:** The sample should be taken in small portions from several areas behind the dog's head above the shoulders.

**LENGTH:** Cut hair as close to the skin as possible. The length of hair submitted should not exceed one and one-half (1-1/2") inches. Retain the proximal portion (closest to skin) as it reflects the most recent metabolic activity. Discard the distal excess.

**AMOUNT:** The amount of hair necessary is about one tablespoon full.

**Important:** Place hair sample into a clean paper envelope or plastic bag.

Pictures of your dog are very helpful, but not required. If you can, please include face and full-body side profile photos of your animal. If you prefer, you can email photos to [woof@animalelite.com](mailto:woof@animalelite.com)



## What does it cost?

**Re-test fee: \$125**

What you get:

1. Canine hair Tissue Mineral Analysis (hTMA) lab test results,
2. Nutrient mineral supplement recommendations.  
(The cost of purchasing supplements varies per dog and is not included in the fee)
3. Canine raw feeding information.

Option. Consultation with medically trained hTMA clinician: \$20 per 1/4 hour (via in-office, phone, email, or Skype).

## Instructions

Mail forms and hair sample to:

Health Elite Clinic  
34785 Fire Tower Road  
Bayfield, WI 54814

## Payment Options

1. Send a personal check with your mailed sample.  
— or —
2. Pay online with credit card - click "Square" below:



■ Information

Previous LAB#:.....

Today's Date:.....

Dog's Name:.....

Your Name:.....

Address:.....  
.....

Phone:.....

eMail:.....

Dog's Age:..... Hair Color:.....

Height:..... Weight:.....

Breed:..... Gender: F ☐ M ☐

<https://healthelite.org/>  
v.181023 ©Health Elite, LLC

Describe any changes you have noticed in your animal's symptoms or health condition over the past several months. Include everything from the physical and emotional spectrum.  
.....  
.....  
.....

New stress factors (e.g., living change, training changes, travel, new animal or person in the family, death of animal or human in family, etc.):.....  
.....  
.....

Do you have concern or questions about your animal's program (e.g., time constraints, nutrition or supplement confusion, healing reaction questions, etc.)?  
.....  
.....

List any new medical diagnoses conditions/events (e.g., surgery, accident, etc.):.....  
.....  
.....

List any medications or alternative therapies your animal is currently taking not recommend in their nutritional balancing program (this includes all vitamins, minerals and herbal supplements, essential oils, flower essences, enzymes, etc.):  
.....  
.....

Since your animal's last hair test have symptoms gotten: ☐ Better ☐ Worse ☐ About The Same

Additional comments (use the back of this form if needed):  
.....  
.....

■ Progress Evaluation

Rate your success following your animal's program, 100% is perfect.

	100%	75%	50/50	25%	0%
Diet	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Supplements	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Exercise	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Water	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Play-time	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Reducing Stress	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

*To determine the correct amount to feed your canine, it is important to properly measure your dog's height and weight — please follow instructions carefully.*

## Weight

You can accurately measure your dog's weight in three simple steps:

1. Weigh yourself.
2. Weigh yourself while holding your dog. If your dog is too heavy for you, find a strong friend that can help. Also, most vets will be happy to weigh your dog for you.
3. Subtract your weight from the combined weight. The result equals your dog's weight.

## Height

The standard reference point from which to measure an animal's height, is called the *withers* (the ridge between the shoulder blades of a four-legged mammal). For a dog, height is determined by the shoulder height, not by the head.

1. Stand your dog on a flat, solid surface. A small dog can stand on a counter or table. Ensure the legs are perpendicular to the surface; legs should form a 90-degree angle to the standing surface.
2. Run your hand over the back of the neck to the back. The highest point over the shoulder is the point of the *withers*. Use a tape measure to find the distance from this point in a straight line to the floor.

## Video

How to measure your dog's height. <http://vimeo.com/12549858>

